



Heatherwood News

Edition 8 | September 2019



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Important Dates

October

07/10	Term 4 Starts
07/10 - 25/10	SRC Selling Bandannas
14/10 - 25/10	Year 10 Work Experience
25/10	Casual Dress for Bandanna Day
28/10 - 30/10	Senior Portsea Camp
28/10 - 11/10	SRC Selling RSL Badges
30/10	Immunisation Day Year 7 and Year 10 Students

November

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MESSAGE FROM AMERICA

When The Senior Information Night comes up on the calendar, we know that the year is drawing to a close. Just as Spring marks the blossoming of new growth, so do students start to realise their unique talents as they look to a future after secondary school. We marvel at the journey as young people evolve into the adults of the future.



Student voice and agency is alive and well at Heatherwood, our Student Representative Council, our Ambassadors provide a solid foundation for every student to have a say and make a contribution. Senior students are now conducting all weekly Assemblies, demonstrating to even our youngest students the models for leadership and responsibility to which they can aspire in the future. The Heatherwood Student Newsletter compiled by the Year 12 students is a rich source of student ideas and is eagerly received by students and staff alike. The features are student driven and derived from the interest of all. Every class has an opportunity to pose a question of interest or concern and is answered by 'Dr Love'. Answers are read by the seniors at assemblies and are popular with students. The book reviews and reports demonstrate the love of reading some students have acquired, which makes us proud of their achievements. In the background we recognise the significant contribution of parents and carers as we try our best to deliver an academic, social and personal education that imbues students with confidence and resilience for their lives to come.

Health and well being of students is not only part of the curriculum but key to weekly department meetings where we discuss strategies to help individual students. Our Physical Education Program incorporates a wide range of community activities, sporting clubs and also the interschool sporting fixtures and carnivals at state level. We see students with healthy bodies, learning to be competitive, to become team players, supporting each other, developing sportsmanship and knowing the true meaning of being a 'good sport'. Thankyou to the staff who have helped revive the Downball Game at recess and lunch. It is now very popular with some students who play every day.

Developing thinking skills is important as students become independent. One of the programs started this year, STEAM, Science, Technology, Engineering, Arts Mathematics has been very successful, directly teaching students to solve specific science problems in a 'hands on' learning environment. Designing catapults or making snowflakes prompts students to create, think, apply and reach successful solutions, both individually and together.

The travellers to USA, Canada and Alaska will return on Wednesday. From the photos and emails, this looks like the trip of a lifetime. Thankyou to the parents and staff who have supported this wonderful opportunity to students to see the world. I am sure they will always cherish the experience.

Thankyou to all who are part of our community and who help us do the best we can for the young people we all care about.

Lesley Foster - Assistant Principal

Thank you to all parents and carers for supporting the school with students wearing the correct uniform. We understand that students will occasionally have an item of clothing that is in the wash or needs to be replaced, which is not a problem if it is accompanied with a note.

Overall, we have seen a remarkable improvement in the wearing of school uniform. We hope everybody has a great term break.

Braham Morris - Assistant Principal



Our apologies: A hardcopy uniform notice was sent home with students recently that has since been amended. A new copy was sent to all families with an email address. Please see the correct notice included below. This is the uniform code we want families to refer to. Thank you and our apologies again for the confusion.

HEATHERWOOD SCHOOL UNIFORM



Dear Parents and Carers,

The wearing of school uniform encourages school identity, promotes a sense of pride in the school and promotes an ethos of equality.

While the majority of our students are wearing appropriate school uniform it is of increasing concern that some students are not meeting the school's requirement.

We have reminded all students that as with other secondary schools it is compulsory that students wear appropriate school uniform all the time. The school uniform policy is clearly outlined in the school diary, under 'Heatherwood School Dress Code', at the front of the diary.

Item	Colour	
Plain Polo Shirt – short or long sleeved	Navy Blue	Bottle Green
Plain Windcheater	Navy Blue	Bottle Green
Cougars Polo Shirt	(with logo)	
Cougars Tracksuit Top	(with logo)	
Polar Fleece Jacket / Vest	Navy Blue	Bottle Green
Unisex Stubbies Cargo Shorts	Navy Blue	
Unisex Stubbies Cargo Pants (long)	Navy Blue	
Cougars Tracksuit Pants only (<i>Not Standard Tracksuit Pants.</i>)	Navy Blue (with logo)	
Girls Pants (slacks)	Navy Blue	
Heatherwood School Dress		
Heatherwood Winter Skirt		
Heatherwood Winter Jacket		

Hoodies, multi-coloured pants/tops and jeans are not a part of the Heatherwood School uniform. Leggings and tights are only permitted to be worn as an under garment with the school skirt.

Students have been reminded of the policy at their assemblies.

Students may bring their uniform in their bags and change at school.

For students who are not wearing the school uniform at school the process is as follows –

- If it is the first time – they will be reminded of the school rule.
- If it is a second time – the student will be given a school uniform infringement notice and may be given a second hand uniform to wear for the day if available.
- If it is for the third time – parents will be contacted directly with the student present.
- Ongoing and repeated refusal to wear the uniform can result in suspension.
- If for any reason a student does not have an appropriate uniform, families are welcome to discuss this with the school.

It is important that the high standards and expectations of the school are upheld. We greatly appreciate your support and assistance with this matter.

Sincerely,

Paul Hills - Principal

Braham Morris - Assistant Principal

PHYS ED & SPORTS NEWS

*SSSSA Interschool Football & Netball Carnival Day
(Friday 6th September at Greaves Reserve and Netball Stadium, Dandenong)*

Footballers and Netballers finished off the winter sports season with some outstanding team play through the Interschool Football and Netball Round Robin day. Heatherwood School students participated well showing great determination, teamwork and sporting skills. Football has a great carnival day achieving top place of Premiers in both A Grade & B Grade Football! Netballers missed out of the Grand Finals this year but worked extremely hard throughout the season. Well done to all students on another great season of sport!



State AFL Vic Special School Grand Final (Wednesday 11th September at Trevor Barker Oval, Sandringham)

Ten students from Heatherwood School were selected to join a representative football team as part of the South-East Special Schools to compete in a Grand Final match against the North-West Special school representative team under the AFL Victoria Herald Sun Shield Competition.

This is the fifth year of competition for the boy's representative football team and the first for the girl's representative team. I am pleased to say that SSSSA were premiers on the day over NSSSA. Congratulations to the South-East Representative Football teams.

Heatherwood students selected for State Football South-East Representative teams:

Boys	Girls
Bailey Mays (M5)	Jade Wood (M5)
Caleb Cox (M7)	Loren Winthrop (M6)
Nathan Guegan-Hill (S7)	Tahlia Tesselaar (S7)
Rowan Body (S7)	Jess Dennis (S7)
Cadell Groves (S7)	Heidi Wellings-Davis (S7)



SSSSA Cricket Vic T20Blast Day
(Friday 13th September Greaves Reserve, Dandenong)

Cricket Victoria put on a great day for many South-East Special Schools to enjoy a fun filled day all about cricket! The day showcased a fantastic display of outdoor cricket from many of our keen students as a lead into the Term 4 Interschool sport of Cricket. Students practiced bowling, batting, wicket keeping and fielding skills while even having a go at the classic catches on the inflatables. Thanks to Cricket Victoria and SEDA Cricket for a great day of sport!





2019 BMX Victoria School Championships

Jack Falkingham (J9) competed in the recent BMX Victoria School Championships. The competition is held over two rounds with the first round held at his own club in Lilydale. Jack is sitting in 4th place on points with one more round to go in late October in Bendigo. Fantastic result, we wish him all the best in round 2 and look forward to hearing the final result in late October.



State Hockey All Abilities Championships (Wednesday 11th September at Essendon Hockey Club)

Heatherwood entered a boys and girls team into the State Hockey All Abilities Championships run by Hockey Victoria. Students competed in a round robin competition with great success with the girls Heatherwood team earning the title of 2019 Premiers and the boys just falling short in a penalty shoot out to make the Grand Final. Congratulations to State Hockey Teams, well done on representing Heatherwood School!

Heatherwood students selected for State Hockey Heatherwood teams:

Boys	Girls
Keiran O'Brien (J9)	Heidi Monssen (J8)
Lee Roberts (S1)	Ashley Senyuvali (M7)
Chris Creasey-Robinson (S2)	Nikita Abeykoon (S7)
Kieran Dean (S7)	Rachael Potter (S7)
Daniel Ellis-Van Gent (S7)	Renee Anger (S7)
Jye Lighten (S7)	
Tyler McPherson (S7)	



New PE Stadium

Exciting news the PE/Sport area at Heatherwood School is finally on the move into the new stadium! Over the last two weeks of Term 3 many staff have been busy moving all the equipment over and getting it sorted, ready for PE classes to begin in Term 4. Thanks for the team effort on relocating PE for the final time and I look forward to beginning a fresh start next term in a great stadium.



PE and Sport Reminder for outdoor sessions

Next term we anticipate the weather warming up, please remember to bring **hats** and **water bottles** to school every day and especially to Physical Education and sport related activities. Please apply **sunscreen** each morning and bring a small roll on sunscreen to school to reapply during the day.

Stay cool, rehydrate your body and protect your skin- Hats, Water bottles & Sunscreen!

Sam Ditty - PE

Enquiries email: ditty.samantha.s@edumail.vic.gov.au

NUTRITION WEEK

14 – 17 October

Nutrition Week is a national awareness-raising week organised by Nutrition Australia. Heatherwood School will be having a week of fun and delicious activities

- ‘Lunchbox challenge’ - try and eat as many fruit and vegetables from the rainbow in your lunchbox – winning class has morning tea in Trade Kitchen
- Quizzes – winning class receive a fruit platter to share on Thursday 17 October
- Guess-the-secret-vegetable-cake-of-the-day running from Monday – Wednesday. 50 Cents
- Classroom activities

Please support your students by packing a range of colourful fruit and vegetables in lunchboxes for Nutrition Week and, of course, every week for health and vitality

Elizabeth Reid - Trade Kitchen



PEAK EXPERIENCE

Bogong/Falls Creek - Advanced Winter Outdoor Ed Camp 2019

Ten brave students from Senior School volunteered in August to attend the Department of Outdoor Education's Outdoor School at Bogong (near Falls Creek) for a 5 day Outdoor Education program designed to test them to the limit.

On the Tuesday morning we set out from Windy Corner across the high plains to Rocky Valley Dam in perfect sunny spring conditions. However, the overnight freeze left the snow in a hard and slippery state. Students wondered if they could master the tricky art of Nordic skiing without having an undignified face-plant every 20 metres!!

Persistence paid off and the skis started to feel more comfortable and fun by the time we returned to the snow shelter and the welcome hot chocolates.

On Wednesday we squeezed our feet into the heavy and rigid downhill ski boots and donned full protective kit of helmet and goggles. Our first ever ride on the Halleys Comet chairlift will never be forgotten. Students persisted in foggy conditions to slowly get the hang of side-step, snow plough and changing ski pressure to learn how to turn.

For the Thursday, and final day in the snow, some students chose a snow-shoe expedition exploring the stunning snow gum forests of the Falls Creek resort. Others pressed on with their skiing skills and many whoops and hollers were heard from the mountain as the Heatherwood crew completed many happy laps down the gentle slopes of Wombats Ramble and Drovers Dream. Light snow fell throughout the day and we were left inspired by the breathtaking beauty of the high country in winter.

Well done to Heidi, Piper, Renee, Emily, Ian, Thomas, Varami, Cadell, Tyler and Chris for your persistence and resilience. Touguing it out on the snowy slopes for 3 days is no easy thing.

And a big thank you to Assistant Principal Braham Morris, and our super skier volunteer Katie, for supporting the camp and making this trip the experience of a lifetime.

Anthony Lenaghan - Outdoor Education





HEATHERWOOD JUNIOR SHOW GROUP PERFORMANCE



Parents, family, carers and friends of the Heatherwood Junior Show Group were treated to a marvellous performance on Friday 30 August in the CLS, where members of the Show Group sang and danced to a number of classic and popular pieces including songs from Annie, The Lego Movie, The Greatest Showman, Mamma Mia and Aladdin. It was wonderful to see the growth in confidence Show Group members displayed on stage and the teamwork and discipline shown in developing some brilliant ensemble and solo pieces. Well done Show Group!

Heatherwood Junior Show Group Performance
Sally Campbell - J7, Beccy Madsen - J4







ART NEWS NGV TEENS ART PARTY

SAT 21 SEP, 6–9PM
AGES 13–17
NGV INTERNATIONAL

Start the school holidays with a teen takeover of NGV. Art Party features exclusive after-hours access to NGV blockbuster exhibitions, live performances, music and games.



Spend a Saturday night surrounded by art, meet like-minded people and be among the first to see *KAWS: Companionship in the Age of Loneliness*.

Ages 13 – 17 years, and 18 years with valid secondary school ID.

Tickets will also include exclusive after-hours access to NGV blockbuster exhibitions *Terracotta Warriors: Guardians of Immortality* and *Cai Guo-Qiang: The Transient Landscape*, games and live performances by Haiku Hands and DJ Slymewave.

Important information:

Book online at www.ngv.com.au

Students: \$18.00

There is a parent/guardian lounge for those who wish to wait

There is a quiet area for teens who need a break during the party

The event is accessible for people in wheelchairs and people with a disability.

For more information on this, visit www.ngv.vic.gov.au/plan-your-visit/access/

There is an ART PARTY INFORMATION SHEET on the web site with more details of the event.

Julie Burbidge - Art



Independent Me

Community and Employment Preparation

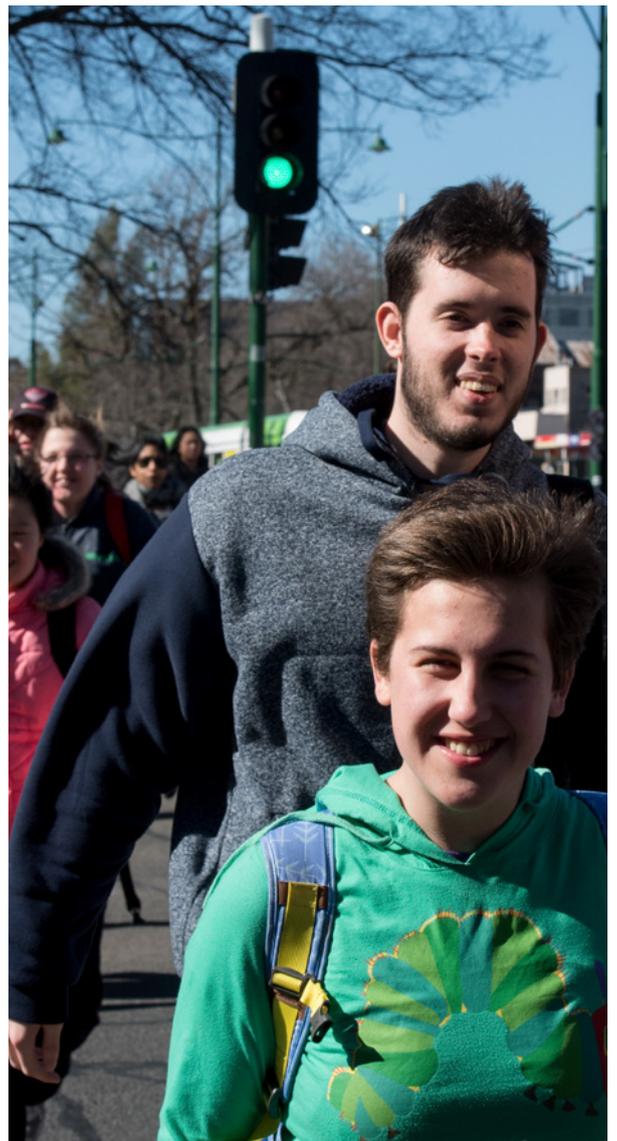
Improve your skills, gain confidence, and reach your goals! Alkira can help you develop the skills necessary to become part of the workplace community.

Alkira's **Independent Me** is a community employment preparation service. Here to support people with a disability achieve their goals and increase their capacity to move into open employment, and /or community participation.

Alkira's Independent Me can assist and support participants in the following ways:

- Individual life skills development.
- Public transport training and support.
- Develop skills for community, social and recreational participation.
- Time limited on the job training, and post placement support related to the participant's disability. Enabling them to manage the demands of the job and workplace environment.
- Assist employers to successfully manage the participant's placement.

Alkira is passionate about working 1:1 with people to identify their skills and needs to meet their employment or community goals.





Skill-Up with SLES

School Leavers Employment Service

This Service is designed to assist 18-20 year old participants to develop essential community, life and employment skills.

Focused on preparing school leavers for a Tertiary Institution or a Disability Employment Service (DES) provider.

Alkira SLES can assist and support participants in the following ways:

- Getting ready for work and plan for your pathway to employment,
- Individualised service, based on individual goals
- Foster partnerships
- Individual life skills development in the areas of communication, time management and money skills

