



# Heatherwood School

February 2017



## A word from our Principal, Mr. PAUL HILLS

Welcome to the first newsletter for 2017.

As a school we are emphasising that 2017 be the **Year of Innovation and Challenge** and as a result, are keen to present new and challenging teaching and learning.

I would greatly appreciate any ideas from our community regarding new programs or resources that could be introduced to support and enhance student engagement and learning. As a school we really *value* involvement and feedback from our community as it is the partnership between the school and its community that produces the best outcomes for our students.

There will be many opportunities for the school community to be involved in the school;

- attending information nights
- Parent Student Support Group meetings
- Member of School Council
- Member of Friends of Heatherwood
- attending special events, such as the Debutante Ball

One of the big changes for members of the school community will be as our area translates over to the National Disability Insurance Scheme (NDIS) during second semester. Throughout the year information bulletins will be included in newsletters and also an information nights, particularly focusing on current Year 12 families to be held in March. It is important that everyone accesses the NDIS websites and becomes familiar with the terminology and

requirements for being eligible to be supported by the NDIS, as well as preparing or designing a package for each young person.

**I look forward to working with you to make this a very successful year.**

Date	Event
Tues 7 March	Deb Ball Information Night
<b>Mon 13 March</b>	<b>Labour Day Public Holiday</b>
Fri 17 March	Casual Dress Day - World Vision
Tues 21 March	Harmony Day
	NDIS - Senior School Info Session
Mon 9-Fri 13 March	100 Alpine Bike Camp
Thur 30 March	Year 7 Zoo Excursion
<b>Fri 31 March</b>	House Day - Cross Country
	<b>Final Day Term 1</b>
Mon 17 April	Easter Monday Public Holiday
<b>Tues 18 April</b>	<b>First Day Term 2</b>
	<b>UPCOMING EVENTS TERM 2</b>
April	Year 8 Camp
	ANZAC Day Public Holiday
May	Year 10 Camp
June	Curriculum Day Friday 9 June
	Queen's Birthday Public Holiday
	Year 7 Camp
	Creative Arts Camp
	Debutante Ball
	House Day - Athletics

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## a word from the Office...

### CSEF Applications

The first payment of successful CSEF applications will be paid to the school early March.

Any family who has applied for CSEF should have received a 'yellow acknowledgement slip' from the Office. If you have applied and **have NOT received this slip**, please call Kaye Shilcock - Business Manager ASAP.

#### Please Note

**\*CSEF funds can ONLY be used towards Camps, Sporting Activities (including the Junior Swimming Program) and Excursions.**

Your school Statement may 'appear' to be in credit however the Essential Items, Homeskill charges (where applicable) and items such as the Year Book are NOT covered by this funding. They need to be covered by other means.



### Home Skills

**Semester 1 charges are now due.**

Your prompt payment of these charges will ensure that this quality program continues.

### 2017 Yearbook

The 2017 Yearbook will **ONLY** be ordered for your student, if the \$25.00 charge has been paid in full.

NB: payment in full is required **before** November. **Reserve YOUR copy now!**

### Second-hand Uniform

The school is always seeking to source good quality, second-hand Uniform items.

If you have garments to donate, the school will graciously accept them...

**Thank You!**

### Accident and Property Insurance

Parents/guardians of students, who do not have student accident insurance,

- are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance or transport as well as any other transport costs; **and**
- can purchase insurance policies from commercial insurers.

**Parents/guardians and staff** are reminded that the Department does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property.

### Playground Supervision

Parents are reminded that playground supervision is provided **from 8.45 am on school days** until the last contract bus departs after school and that no formal supervision of the playground occurs outside those hours.

### Parents and Carers

- Parking can become a major problem for the school, especially at **drop off** and **pick up** times. You could greatly assist by parking in the **lower carpark of the Manningham DISC** (next door to the school) and walk the pathway into the side entrance. Your cooperation would be greatly appreciated
- **Please remember** if you wish to speak to a teacher your first point of contact is with the Office who will contact your requested teacher. *If they are unavailable*, Office staff will gladly take a message
- Please make sure all your students' clothing is **clearly labelled** with their name
- Remind your young person **NOT** to share food with other students, due to health and safety reasons

## Lesley Foster Assistant Principal

Welcome to all the new students and families/carers and welcome back to all students and families from 2016.



Heatherwood also welcomes our new staff; **Warren Gaff**, Assistant Principal, **Stephanie Walker**, teacher of Year 8 students, **Emma Collins**, teacher of Year 9 students and **Campbell Prior**, Education Support staff member. \*In our next newsletter we shall include a profile of our new staff.

It has been a busy and productive start to the year. The most important focus for the school is to make sure that all students, particularly new students, are settling in to their new grades, new teachers/staff and new timetables. Our new Captains, Vice Captains, House Captains and Student Representative Council students have been busy welcoming new students and taking a lead on our 'House Day' last Friday.

Teachers have been preparing for Student Support Group meetings in March this term, when they will meet with families/carers. Students have all been assessed in English and Maths.

Teachers are preparing Individual learning Plans which they will discuss with you at the SSG meetings in March.

Last year our staff prepared a comprehensive curriculum consistent with the new Victorian Curriculum and the school, in Years 7-10 are implementing this in 2017. Our senior students in Years 11 and 12 study the VCAL and Certificate subjects in a range of areas. We look forward to a very productive year where we can work with families and carers to promote solid achievements for all students.

I would like to share with you the amazing ability of one of our students, Sebastian Stosegan in the Senior School. Sebastian started making toys a number of years ago. He taught himself by studying videos on YouTube. He then went on to develop his artistic and technical skills to create many captivating toy-like characters.

**This is Sebastian's story...**

'I started sewing in 2013. I was 12 years old. I used to follow a tutorial on the YouTube, call Goomzilla. They showed me how to make these characters. Now I don't need to watch the videos as I know what to do and how to make the characters. First of all, I buy the felt and stuffing from Spotlight. I keep practising over and over. It helps me because these characters don't exist as real toys. I can make them and enjoy them as real toys. Two years ago I made 15 different characters from the game 'Five Nights at Freddy's'. This year I've made the following characters called

- Cortez
- Doopliss
- Fawful
- Goombella
- Goombario

One day in the future, I would like to have



my own website and sell my toys online.'

**Thank you Sebastian, this is a great story.**

## Braham Morris Assistant Principal (Student Well-being) Middle School Leader

It is great to report that all students have settled in well to the new school year.

Walking past **classrooms** has been a pleasure especially watching students engage in focussed and positive learning.

**Uniforms** look neat and clean and students are proud to wear them.



The **Advance Program** began this week and all Year 9 students had a rewarding and meaningful experience.

'**Friday Rec**' activities also began where all students were able to choose programs that they were interested in participating in.

Please remind students during this hot weather in Term 1, to bring hats and roll-on sunscreen to be worn and applied whenever outdoors.

### Looking forward to an exciting term.

## Warren Gaff

Assistant Principal  
(Curriculum)

Senior School Leader

Dear Families and Carers,

I would like to take the opportunity presented by our first newsletter of the year to briefly introduce myself to the school community. Over my career, I have worked in a range of settings that included the TAFE sector and Government Schools. In the 11 years prior to 2017, I worked at Concord School. My role for the last 6 years there was as a Leading Teacher in charge of the Senior Secondary School (VCAL/VET/Careers and Transitions) and working as part of the school leadership team

In December 2016, I was interviewed for an Assistant Principal's position at Heatherwood School and was privileged to be offered that role.

As part of my responsibilities, I am overseeing the Senior School, working with relevant staff to assist in the implementation of the NDIS rollout (including careers and transitioning) at a school level and taking over a whole school Curriculum role after Term 1.

I am also fortunate enough to be part of the Leadership Team and staff that have been welcoming and supportive. The school community is very fortunate to have such dedicated professionals working with our student cohort.

I am looking forward to getting to know the students over the coming months. I am also looking forward to working with you in ensuring positive outcomes, both academic and social, for our students and your children.



## Junior School

It's been a great start to Term 1.

Year 8 Junior students have enjoyed Out Door Ed. Excursions to the Ricketts Point Beaumaris beach; promoting safety in the water and exploring rock pools.

Year 7 students and the new Year 8 students enjoyed the Welcome Day. It was a success.

Lunch Time Clubs have started, 12.30 – 12.50. They give students an opportunity to make friends, have fun and relax.

The Clubs are:

Monday	Dance and Relaxation
Tuesday	Movie Club
Wednesday	Drawing
Thursday	Technology Club

## Homecrafts

A new school year and the kitchens are buzzing with activity.

Juniors are learning and developing basic skills in the kitchen while focusing on lunches, breakfast and quick snacks.

Middle school are learning to prepare and cook staple foods such as pasta and rice and focus on meal preparation while further developing kitchen skills.

The Seniors Food Tech Elective helps them to continue practising these skills while preparing snacks or quick meals.



### How you can help your son or daughter...

A very good way for them to improve their skills is through practise – any skills they are learning can easily be practised at home – ask them about what they have been doing and, if possible, encourage them to be involved at home.

#Ensuring that you have completed and returned the special diet / allergy forms helps us to cater for any special dietary needs.

## PAWS

\*Our school pets have again had a wonderful holiday break.



Our bearded dragons, **Theodore** and **Britney** were boarded out to a past student. *Justin* is developing a business looking after reptiles and his expertise and attention meant that they were well-cared for and enjoyed the extra treats and company of Justin's lizards. A big thank you to *Justin Mandry*. The Heatherwood PAWS program is proud to support the business ventures of a past Ranger.

**Ryder** and **Sky** came home with me (Sue Nicholls) and spent the holidays talking, singing and watching TV in my family room. Sky is a very talkative bird but you have to listen very carefully to his chatter to make sense of what he is saying.

By now you will have received a form about PAWS. Please ensure that the PAWS forms are *signed and returned to the class teacher*. This enables the school to keep up to date records in relation to allergies, fears and phobias about interaction with animals at school.

**ALL students need to return this form as the PAWS Program is situated in the Visual Art room.**

It will be an exciting year in the PAWS program as our students will be involved with a *zoo program* about endangered species - more information to follow.

**Watch this space...** students are really hinting about more pets for our school program.....

*Sue Nicholls*  
**PAWS Coordinator**

## New Arts Facilities

Last year the school invested a considerable amount of time and money into the development of our Arts Education facilities.

The Visual Arts room has received a substantial extension such that a permanent 'studio' area is available to students for long term projects and highly specialised tasks that

require more time and space than a regular Art lesson provides. The room also features extensive and desperately needed storage capacity that enables the Art room to be a much tidier and more efficient working area.

The Drama room has been extended and fitted out with lighting and sound equipment such that it is now a serious 'theatrette' enabling students to work with complex technology and develop important skills that are useful in a wide range of careers adding considerably to their employability. The Drama room is now a first class movie making studio that will be the catalyst for some remarkable performance outcomes this year.

**Please feel free to come and inspect these exciting new developments when next on campus.**

## SRC

### Welcome Day

Welcome Day was a wonderful day! New students from all areas of the school received a Certificate welcoming them into the Heatherwood community. Heatherwood SRC and staff members hosted a lunch for all of the new students. The smiles from students indicated that they had enjoyed the festivities! Thank you to everyone involved.

### SRC Meetings

SRC meetings are held every fortnight on a Thursday recess. School Captains will be chairing these meetings.

### Student Voice

SRC students recently had a meeting with Heatherwood Principal, Mr. Paul Hills. Paul is an ardent supporter of student voice and has requested that the students are asked for suggestions on any innovative ideas or programs that Heatherwood school could consider implementing in the future.

**Casual Dress Day**  
**Friday 17 March**  
**Gold coin donation**

# Digital Technology NEWS

This year in Digi Tech classes we will have a big focus on being safe, responsible and ethical online. A central part of this is considering both sides of cyberbullying; making sure that we do not bully others and learning how to respond if we are the victim of cyberbullying.

To help spread the word, the junior classes have been taking part in a poster making competition using a tidy piece of software called Comic Life. Common phrases found amongst entrants were:

- *Be Kind*
- *Stop! Think!*
- *How Does the Person Feel?*
- *Be Respectful.*

Here are just a few examples of the excellent work created.



Latrell J5



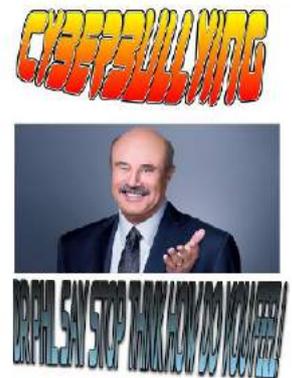
Ethan J7



Ruby J7



Caleb J7



Hayden J5



While this positive message will hopefully go a long way to reducing cyberbullying, we have also been teaching students how to respond to cyberbullying.

You can help at home by considering these tips:

- Talk often about staying safe online
- Help your young person review their privacy settings
- Ensure you know what they're up to; talk about the latest sites and apps
- Set a technology curfew
- Model good habits

Together we can work help our students enjoy the benefits of technology safely.

Go to [esafety.gov.au/education-resources/iparent/7-ways-infographic](https://esafety.gov.au/education-resources/iparent/7-ways-infographic) for some great information and resources.

# 7 WAYS

parents can manage  
web connected devices  
in the home



ALMOST

# 1 in 3

teens are accessing  
the internet between  
10pm and midnight



1



**39%**  
of teens use a  
tablet to go online

Parental control tools are available for Apple's iOS & Android.

2



**47%**

of teens play games online

Playstation, Xbox, Wii and Steam have parental controls.

3



**64%**

of teens stream video on YouTube & TV

YouTube and YouTube Kids have a **safety mode**; YouTube Red offers ad-free videos. Netflix and Stan offer **age-based settings**.

4



**74%**

of teens use a computer to go online

Microsoft Windows and Apple's MAC OSX offer **family restrictions and monitoring**.

5



**78%**  
of teens research  
and browse on  
the internet

**Safe search settings** are available for Google Safe Search, Google Chrome and Yahoo7.

6



**80%**  
use a smart phone

Telstra Mobile Protect, Vodafone Guardian, Apple iOS and Android have **safety options**.

7



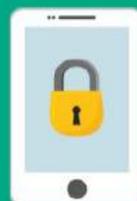
**86%** have home  
broadband access

Telstra provides **parental control tools** and homework time blackouts; Optus and Vodafone provide guidance on tools.

## Parental controls can keep kids safe on many screens

### THEY CAN

- ✓ Block sexually explicit sites
- ✓ Set screen time limits
- ✓ Block in-app purchases
- ✓ Block numbers and SMS
- ✓ Allow or block websites
- ✓ Restrict chat features
- ✓ Allow parental monitoring



## REMEMBER

No parental control is 100% fail safe.  
Keep children's trust by using these  
tools openly at home

[esafety.gov.au/iparent](https://esafety.gov.au/iparent)



# Garlic

...grown and harvested by Horticulture in 2016  
...to be used in the Kitchens in 2017



# Canteen Menu

STUDENT \_\_\_\_\_ CLASS \_\_\_\_\_

SANDWICHES		HOT FOODS	
CHEESE & SALAD	\$4.00	<input type="checkbox"/> DIM SIMS	\$0.50c
CHICKEN & SALAD	\$4.50	<input type="checkbox"/> FRIED RICE BOX	\$3.00
HAM & SALAD	\$4.50	<input type="checkbox"/> HAM & PINEAPPLE PITA PIZZA	\$2.00
EGG & LETTUCE	\$3.00	<input type="checkbox"/> TOASTED SANDWICH	\$4.50
CHEESE OR VEGE	\$1.50	<input type="checkbox"/> HAM CHEESE TOMATO	
SUSHI	\$2.00	<input type="checkbox"/> PIE OR SAUSAGE ROLL THURSDAY ONLY	\$3.00

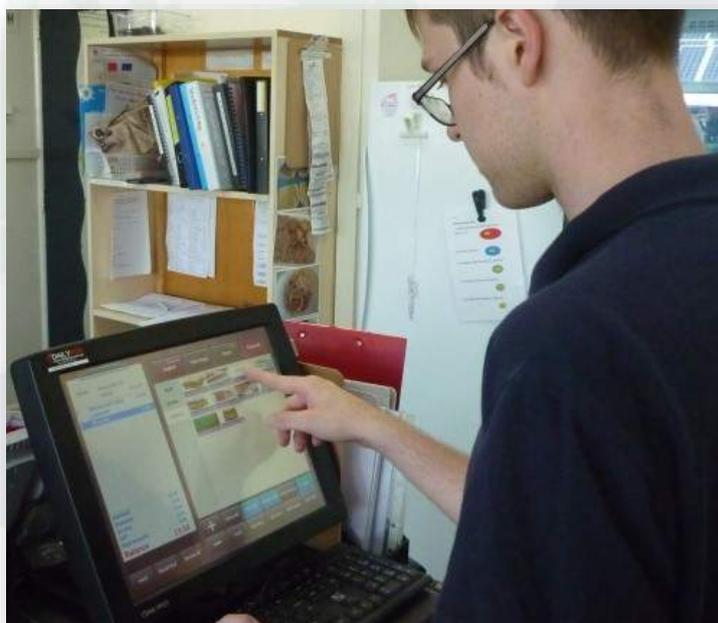
SNACKS		DRINKS	
MUFFIN OR SLICE	50c-\$1	<input type="checkbox"/> 250ml BIG M	\$2.00
POPCORN	\$1.00	<input type="checkbox"/> CHOC STRW	
YOGHURT & FRUIT	\$3.00	<input type="checkbox"/> UP & GO Various flavours	\$2.00
FRESH FRUIT	\$0.70c	<input type="checkbox"/> 600ml WATER	\$1.50
		<input type="checkbox"/> 750ml WATER	\$2.00
		<input type="checkbox"/> Sparkling water	\$2.00

Students are reminded to place their lunch order *before school* and then pick it up first half of lunch.

Students are only able to buy drinks and snacks over the counter at lunchtime.

Please refer to the Canteen Order form. These are available at the Trade Kitchen in the morning for students to fill in and there are staff available to help them.

**Gemma Clements**  
Trade Kitchen Teacher



## Trade Kitchen

The Trade Kitchen had a busy start to 2017 with the addition of a new **touch screen cash register** and a make-over of the outside eating area.

Our Year 10 and Senior Trade Kitchen groups have been learning the ropes in the kitchen and have made dishes including Mexican chicken rolls, Thai beef salad and Moroccan couscous salad. They have been very quick to learn the new cash register and it has helped speed up the customer service. Tuesday was busy with Valentine's Day and we sold lots of home-made sweet treats including heart biscuits and red velvet cupcakes.

It has been great to see so many new Year 7 students purchasing their lunch and trying our daily specials.





## Physical Education

Student reminders for Physical Education classes:

- Wear runners
- Wear school sports uniform or shorts/ tracksuit pants & t-shirt (no dresses at PE please)
- Wear cap or hat
- Bring a full water bottle
- Apply sunscreen prior to PE session
- Hair shoulder length or longer to be tied up

If you are unable to participate in a PE session please provide a written note from home to the PE teacher.

### Active April

Premier's Active April encourages Victorian families to get healthy and active by participating in 30 minutes of physical activity a day for the month of April and beyond.

Jump on board, register at [www.activeapril.vic.gov.au](http://www.activeapril.vic.gov.au).

*See Flyer in newsletter for more information.*

**Sam Ditty**

**PE Teacher- Year 7&8**

**Email: [ditty.samantha.s@edumail.vic.gov.au](mailto:ditty.samantha.s@edumail.vic.gov.au)**

### House Achievement Program

House Welcome afternoon provided students and staff an opportunity to gather together in their House teams, meet their House Staff Leaders, welcome new students, revisit the House Achievement Card system and vote in their House Student Leaders for 2017.

Well done to all senior students who proudly nominated themselves for this role.

We are pleased to announce the 2017 House Staff & Student Leaders and wish them all the best as they uphold the names of the famous Australian athletes.



#### Huegill House (Blue)

House Student Leaders

Joseph Branch (S5) & Kevin Aitken (S6)

House Staff Leaders

Ewan Wheeler & Leanne Diez

#### Stosur House (Green)

House Student Leaders

Lachlan Wills (S6) & Win Kham (S6)

House Staff Leaders

Emma Still & Francesca Hudson

#### Pearson House (Red)

House Student Leaders

Daniel Gammino (S6) & Madison McPherson (S4)

House Staff Leaders

Mark Nowak & Michelle Willoughby

#### Evans House (Yellow)

House Student Leaders

Brohdi Male (S1) & Sharni Lee (S5)

House Staff Leaders

Jason Kurfurst & Liza McCormack



**Sam Ditty & Tony Walker**  
**Leaders ~ House Achievement Program**

## Spirit of ANZAC Centenary Experience

The Spirit of Anzac Centenary Experience is part of the ANZAC Centenary celebrations.

The exhibition has toured to 23 locations around Australia from September 2015 to April 2017 and this week was in Geelong.

Senior Class 6 caught a V-Line train to participate in this exciting interactive learning experience. The event brought to life an infant Australia still finding its feet on the eve of war. It follows in the footsteps of Australia's soldiers, sailors, airmen and nurses throughout the World War 1 and beyond. The exhibition displayed artefacts from the Australian War Memorial and also integrated interactive environments, special effects and more to tell Australia's story through engaging students and members of the public through the use of personal audio devices and interactive videos.

The Spirit of Anzac Centenary Experience presented Heatherwood students with an invaluable learning opportunity.

*Jo Larkin*



**by Brandon**

*On Wednesday 22 February, S6 went on a trip to Geelong to see the Spirit of ANZAC. We caught the PTV train to Southern Cross Station then we caught the V-line train to Geelong. We got off the train and walked over to Geelong Basketball Stadium. We dropped our bags off in a room and started our tour. The staff gave us headphones and an iPod. We walked through all of the rooms listening to the iPod giving information about the room that we were in. I loved the whole ANZAC experience but my favourite part was with all of the weapons.*

**by Alicia**

*On Wednesday 22 February we went to see the Spirit of the Anzac Centenary Experience. We took the V-line train to North Geelong station then we walked to Geelong stadium. When we got there we sat down to be called then walked to the area where the lady spoke to us to tell us about the experience. We got our head pieces, walked to the start and then it started - it was amazing and very emotional. My favourite room was Training in Egypt Room 4; it was very touching - reminded me that my great*

*grandfather fought in the First World War. My second room was the last one as it showed all the soldiers that died and fought in the war for our county; the music was just touching. I also wrote a note thanking the soldiers and nurses for everything they had done for us and for our county. I couldn't thank them enough for their time and wisdom for doing what they had done.*

**by Seb**

*Yesterday, our class caught a V-Line from Southern Cross to North Geelong Station. We got off, then approached the Geelong Arena to feel the interactive ANZAC Experience. We were provided with iPods and headphones. As we got our iPods to use, we were guided with a tutorial on how to use and experience different rooms. I started walking to the first room, it felt interactive, because every time we walk to different rooms, the narrator, speaking on the iPod, provided different pieces of information. It was so cool, because the iPods knew where to give information for each room, it worked like magic! As we walked to different rooms, there were mannequins, with different uniforms. Some rooms also showed different models, like little boats, ships, old clocks, medals, swords, tanks, aeroplanes, guns, and others, as well as portraits/pictures. My favourite room would have to be the last room, because it shows a lot of pictures of the brave men who served our country. Not only that, but there were some iPads standing next to the pictures, I got to write something about what they did to sacrifice their lives for Australia. I also got to be the photographer yesterday, I've taken lots of photos. I'm very proud with them! I enjoyed yesterday, it was amazing!*

**by Lachlan**

*On Wednesday we got on the train to Southern Cross and got the V-Line train all the way down to North Geelong Station. We went to the ANZAC Interactive Experience. We were given an iPod and a set of headphones from the staff to wear around our necks. There was a narrator explaining about World War I. It made me feel emotion half of the time. There were photos and videos in some parts of the experience too. We took the V-Line train back to Southern Cross and took the train home.*

**by Kevin**

*On Wednesday 22 Feb we caught the train from Nunawading and then a V-line train to Geelong. I was really looking forward to the day and chilled out listening to my iPod on the journey.*

*When we arrived at the stadium, the first thing we saw was a gigantic wall of poppies which blew my mind. We then continued on as a group and explored the many rooms which included a display of different types of gas masks and the various trenches where the soldiers both lived and tried to survive. I found this very emotional, as the soldiers were very young and I could relate to this.*

*I thought the technology was very helpful.*

**by Mindy**

*On Wednesday 22 February, we travelled to Geelong on a V-line train which left from Southern Cross to go to the ANZAC Interactive Experience.*

*We got to use iPods throughout the exhibition which described the lifestyle of both the soldiers and nurses during this horrendous time. I found the exhibition emotional, as my grandparents were both involved in the Second World War. I liked the room that had the pictures of the soldiers that were in World War One. The exhibition brought back memories of stories my grandparent's had written about of the war.*

**by Heath**

*On Wednesday 22 February we caught a V-Line train from Southern Cross Station to Geelong arena right near North Geelong Station.*

*When we arrived at the ANZAC experience I was expecting a guided tour. It wasn't a guided tour; it was an interactive tour where we had to use an iPod and wear headphones around our necks.*

*Each room had videos on TV screens on World War I and the rooms also had pictures, cameras and stories from the soldiers. The iPod played different audio clips and transitioned from room to room. The audio clips included stories and facts about World War I. In the trenches room, there was a girl laying down in a trench and all you could see was her face. It was really scary and sad because the face was dirty. They explained that in the trenches the worst things were the dirt/mud and maggots. The other room which was emotional was the Gallipoli room which included movies and stories from the soldiers. In the Gallipoli room they showed what happened on the ships, leading to the evacuations. The movies from the Gallipoli rooms were very confronting.*



**by Eddie**

*On Wednesday 22 February for the class excursion went down to North Geelong to see the ANZAC Experience. We caught the 8:39am Flinders street train to Southern Cross then caught the 9:30am V/line Train down to North Geelong. We were given an iPod and headphones each. We listened to the narrator who explained what happened to the people who died in the war.*

*The last room was breathtaking; it was awesome as the music and photos were very touching.*

**by Zack**

*On Wednesday 22 Feb we went to Spirit of ANZAC Centenary Experience. We first meet at Nunawading at around 8:20am to try and get the 8:30 train to Southern Cross. When we got to Southern Cross we went down to get the V-Line train to Geelong. We arrived at Geelong, got off the train and walked towards the building where the ANZAC Experience was. When we got in there we waited until it was our turn. Then one of the ladies that worked there explained what the rules were. We all got an iPod and headphones; it had a narrator so in each room he would talk and tell stories. Each room had different things - some rooms had guns, badges, models, clothes etc some of the rooms even had interactive objects. The whole experience was amazing, especially the last room it was breathtaking. When we finished, we got back on the train to Southern Cross got off and got on the Belgrave line.*

**by Daniel**

*My Class meet at Nunawading Station then we all caught the train to Southern Cross Station. We caught the V-line train to North Geelong Station and walked to Geelong Arena to see the ANZAC Experience.*

*We were given an iPod and headphones to listen to the stories about the Wars. There were mannequins in historical uniforms. They had 12 zones and all the zones were very interesting.*

**by Win**

*On Wednesday 22 my class and I took a train from Nunawading to Southern Cross and then from Southern Cross we took a V-line to Geelong, which was the first time for me to go on a V-line train. It was an awesome but different experience.*

*When we arrived we entered the Geelong Sports Stadium Centre then we finally started the ANZAC Experience. Before we started, one of the staff gave each of us an iPod with a narrative system that would explain things as we progressed through different sections.*

*I experienced many emotions as I watched and read the information's about the ANZAC's. Hearing the screams and cries from the videos gave me a lot of emotion and what made me cry was that when I heard that if the soldier survived one day they knew that they could die the next and also even if they didn't today by the bullet of men they could die the next day by nature (as in frostbite, flies and disease).*

*We sometime tend to forget the sacrifices that the Australian men and women made. What if there was another war? Would we have the guts to protect our country just like they did?*

*If it wasn't for them, Australia wouldn't be what it is today.*

*The men and women who survived the war had haunting memories and nightmares of the war. Their blood, which was shed on the fields of Gallipoli and across Europe, represented their love for their country... surely they will be remembered for centuries to come.*

**Lest We Forget**

**by Hayden**

*On Wednesday 22 February we went to the ANZAC Interactive experience. First we took the train to Southern Cross Station then we went on the V-line train and got off at North Geelong Station. We then went with John Didge to the experience. We were given an iPod and headphones for listening to the audio about World War I and we learned a lot of stuff. After when we finished the experience, we hopped back on the V-line train back to Southern Cross station and went on the Belgrave train heading home.*



# Junior Rockers

primary music  
education specialists



APPLY FOR MUSIC  
LESSONS NOW!

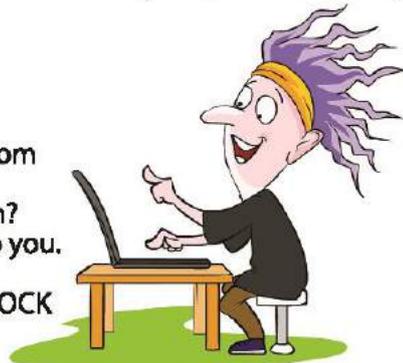
Junior Rockers runs instrumental music lessons right here at school.

To find out all about our music lessons, head to our website. From there you can check which instruments are available at your school, get up to date pricing and apply for lessons online.

[www.juniorrockers.com](http://www.juniorrockers.com)

Rather chat in person?  
We'd love to speak to you.

Call us on 1300 GO ROCK  
(1300 46 76 25)



City of Port Phillip | City of Bayside | City of Glen Eira | City of Stonnington



## JCAAA Saturday Night Fever 2017!

**Saturdays:**  
**11 February**  
**18 March**  
**22 April**  
**20 May**  
**17 June**

**Location:** St Kilda Sports Club  
66 Fitzroy Street, St Kilda.

**Age:** 18 years +

**Time:** 7.00pm to 10.00pm

**Cost:** \$15.00 entry, includes pizza, snacks  
and glow stick (carers free)

**Prepayment:** [eventbrite](https://www.eventbrite.com)

**Note:** There is no strobe lighting or balloons.

Please contact JCAAA on 9209 6706 / 9209 6159 or email  
[jcaaaenquiries@portphillip.vic.gov.au](mailto:jcaaaenquiries@portphillip.vic.gov.au) for further details.

For enquiries on the night please contact 0401 063 412.  
This number is only on during Saturday Night Fever hours.

 Like us on  
**Facebook**





**Anglicare**  
Victoria

## STRENGTHENING PARENTS SUPPORT PROGRAM

TERM 1 NEWSLETTER, 2017



Welcome!

Hello and welcome to the first edition of our Newsletter for the Strengthening Parents Support Program with Anglicare Victoria.

My name is Tamara Dixon and I am the coordinator for the program which supports and connects parents who have a child with a disability in the Eastern Metropolitan region of Melbourne.

If you have any questions about anything in this newsletter or how our program can support you, please contact me on 9735 6123 or by email to:  
[strengtheningparentsupport@anglicarevic.org.au](mailto:strengtheningparentsupport@anglicarevic.org.au)

### Stronger Together Peer Support group

**Busy? Tired? No time for yourself?... You are not alone!**

Come have a cuppa and a chat with other parents of a child with a disability. Share stories, frustrations and ideas and be ready to have some fun too!

This term the Stronger Together Peer Support group will be starting at Anglicare Victoria, 47– 51 Castella st in Lilydale. This group is free for all parents who have a child with a disability. The group is held on the first Monday of the month from 10.30am-11.30am.

**Group dates are: March 6th, April 3rd, May 1st, June 5th & July 3rd.**

Morning tea & drinks are provided.

Bookings essential to Tamara Dixon, Anglicare Victoria on 9735 6123 or by email to [strengtheningparentsupport@anglicarevic.org.au](mailto:strengtheningparentsupport@anglicarevic.org.au)



### FREE NDIS Information Forum

**Are you caring for a person with a disability?**

**Do you want to know more about the National Disability Insurance Scheme (NDIS)?**

**When:** Thursday 16 March 2017

**Time:** 11:00am to 1:00pm

Light lunch provided

**Where:** The Nan Francis room, The Memo Hall, 235 Maroondah Highway, Healesville

**Bookings essential and dietary requests:** [www.yarraranges.vic.gov.au/ndiscarers](http://www.yarraranges.vic.gov.au/ndiscarers)

**RSVP** by Friday 10 March to Amanda May 9294 6741

Yarra Ranges Council, Carers Vic, Healesville Connections & Victoria State Government.



Anglicare  
Victoria

## STRENGTHENING PARENTS SUPPORT PROGRAM

TERM 1 NEWSLETTER, 2017



### Pathways for carers walks

The Pathway for Carers project offers carers of people with a disability or a mental health issue, an opportunity to share free walks in Manningham, Maroondah and Yarra Ranges with other carers and to learn more about news, services and supports available to carers.

**Maroondah:** Torrente Café, 389 Maroondah Hwy, Ringwood

Every second Tuesday of the month at 9.30am

**Yarra Ranges:** Mount Evelyn Community House, 50 Wray Crescent, Mount Evelyn

Every first Thursday of the month at 9.30am

Keep your eyes on this page as more walks are due to be announced soon!

Further information: Felicity Preston on 9239 2500

Or [www.facebook.com/pathwaysforcarers](http://www.facebook.com/pathwaysforcarers)



LifeAssist, Maroondah, Yarra Ranges and Manningham Council, Bank of Melbourne and Victoria State Government

### FREE Eastern Region Carers EXPO

A free event for parents/carers of people with a disability. All welcome.

There will be over 20 carer support services exhibiting.

When: Friday 10 February 2017

Time: 9.30am to 11.30pm

Where: Community Centre, 11 Epsom Road, Yarra South

Further information: Peter Johnson, phone 9239 2500 or [www.vic.gov.au](http://www.vic.gov.au) or (03) 9298 8819

Know Your Council & Uniting Care Harrison



This terms shout out is to.....

### Dogs for Kids with Disabilities

Dogs For Kids with Disabilities (DKD) is a not for profit organisation which trains assistance and companion dogs who improve the lives of children and young adults who face a range of challenges (including physical disabilities, intellectual disabilities and autism spectrum disorders).



*dogs making a difference for kids*

For more information on receiving support or to be a sponsor or volunteer contact 9786 2909. or email [info@dkd.org.au](mailto:info@dkd.org.au)



## Onemda Open Night

*You are invited to the Onemda Open Night. Come along to see what Onemda has to offer!*

**Date:** Wednesday 15<sup>th</sup> March  
2017

**Time:** 6.00pm-8.00pm

**Where:** Onemda

123 Andersons Creek Road

Doncaster East

**RSVP:** Please RSVP by 11<sup>th</sup> March 2017

**Ph:** 9842 1955 **E:** [lcormick@onemda.com.au](mailto:lcormick@onemda.com.au)



[www.onemda.com.au](http://www.onemda.com.au)

123 Anderson Creek Road  
Doncaster East VIC 3109  
p 03 9842 1955 f 03 9842 3756



## LEAP Campus Open Day

*You are invited to the LEAP Campus Open Day. Come along to see what the LEAP Campus has to offer!*

**Date:** Friday 17<sup>th</sup> March 2017

**Time:** 10.30am-12 noon

*Morning Tea will be provided*

**Where:** Onemda LEAP Campus

3/284 Thompsons Road

Lower Templestowe

**RSVP:** Please RSVP by 11<sup>th</sup> March 2017

**Ph:** 9842 1955 **E:** [lcormick@onemda.com.au](mailto:lcormick@onemda.com.au)



[www.onemda.com.au](http://www.onemda.com.au)

123 Anderson Creek Road  
Doncaster East VIC 3109  
p 03 9842 1955 f 03 9842 3756

**Book now  
for Term 2**



## Pixelated

YMCA Manningham runs a social program for young people who have a diagnosis of Autism Spectrum Disorder (ASD). The program aims to provide a safe space for young people with ASD to come together and socialise whilst sharing in their enjoyment of video and board games, computing and other activities to promote positive social interaction (ie. pizza and movie nights).

In each session, our dedicated team allow participants to foster new friendships whilst also building important social and interpersonal skills. Our team hold tertiary qualifications in a youth-related discipline and have specific training in relation to working with young people with ASD.

PIXELATED is for young people aged 12-17 years who live, work or study in Manningham. Pixelated runs during the school term only.

Registrations are essential.

### The Details

#### WHO:

Young people between the ages of 12 and 17 who have a diagnosis of ASD.

#### WHERE:

Donvale Room (Level 2)  
MC2 Doncaster  
687 Doncaster Road,  
Doncaster 3108.

#### WHEN:

Wednesday 4:30pm – 6:30pm

We are fully booked for Term One. If we have a high demand, we will look at a second session in Term Two.

#### COST:

\$10.90 per session (paid in term blocks)

#### CONTACT:

Please call us on (03) 9848 5400 or visit our website [www.youthservices.ymca.org.au](http://www.youthservices.ymca.org.au)



# INFORMATION FOR PARENTS

## PREMIER'S ACTIVE APRIL 2017



**DOWNLOAD OUR APP!**  
Available for iOS & Android

- Digital card to access personalised active April offers
- 18 hand free interactive activity trailer

### ACTIVE CHILDREN. ACTIVE FAMILIES.

Premier's Active April encourages Victorian families to get healthy and active by participating in 30 minutes of physical activity a day for the month of April and beyond. Jump on board and support our school.

#### Register and help our school win:

- ▶ A range of Sportsmart vouchers for schools with the highest registration numbers to buy new school equipment and resources
- ▶ One of 15 VIS visits with high profile athletes
- ▶ School pack of ANZ Tennis Hot Shots tennis equipment
- ▶ Good2go school bike ed course
- ▶ \$2000 sportsmart voucher for most active school

#### Every participant will also receive:

- ▶ 10 free YMCA passes or access to a local government recreation facility
- ▶ 15% off at Sportsmart in store & online
- ▶ One hour free tennis court hire at Melbourne Park or Albert Reserve
- ▶ One free get into Cardio Tennis session
- ▶ 20% off any annual membership with Cycling Victoria
- ▶ A 2 for 1 ticket offer to SEA LIFE Melbourne Aquarium
- ▶ Entry into the draw to win tickets to the 2018 Australian Open Tennis Finals\*

Register today – [activeapril.vic.gov.au](http://activeapril.vic.gov.au)



\*Terms and conditions for all prizes and offers apply. Visit [activeapril.vic.gov.au](http://activeapril.vic.gov.au) for details. \*Winner receives two tickets to each of the 2018 tennis and women's finals.

Enjoy quality family time for free just by getting involved. Create a family team and see what different activities you can achieve together.

#### Register your family and you could win:

- 8 x annual family memberships to SEA LIFE Melbourne Aquarium
- 1 x Cycling Australia family memberships
- 4 x Tennis Victoria family packs of equipment
- 3 x family passes to Melbourne Zoo, Werribee Zoo and Healesville Sanctuary
- 1 x \$500 Sportsmart voucher
- 6 x family weekends at Angelsea YMCA Recreation Camp
- 10 x free entries to Cycling Victoria's school holiday program

#### Physical activity during childhood can help with:

- Building stronger bones and muscles
- Improving motor skills
- Improving self-esteem
- Reducing stress and anxiety
- Improving school performance
- Improving concentration

#### What you can do as a parent:

- Be active with your children
- Turn off the TV and computer and limit screen time
- Plan fun activities with your children – let them choose
- Find out what the school is doing to see what you can do at home
- Check out local offers and events in your area

#### Suggested activities you can do as a family:

- Walk the dog
- Go for a family bike ride
- Explore where you live and walk a different route
- Do the family chores together – shopping, washing the car
- Set up a backyard obstacle course
- Get some chalk and make a downhill or hop-scotch court on your driveway
- Play a game of backyard cricket
- Play kick-to-kick with the footy or soccer ball

#### Get your Active April Family Planner

Download and print your family planner with 30 fun, family activities to kick-start your Active April. Set a family challenge, track your progress and see how many activities you can do!



MAJOR PARTNERS



Authorised by the Victorian Government. \* Treasury place, webinars.



## Eastern All-abilities Netball – Fun For All!

- *Monday evening training and skills sessions*
- *Friday competition games*
- *Participation in Netball Victoria State titles*
- *Conducted throughout the school year*

Eastern All-Abilities Netball is a program for girls and boys with a mild to medium intellectual disability. The netball program provides skills development, teamwork, friendship and fun!

**Games:** are conducted on an indoor court at Sportlink, Hanover Rd Vermont South each Friday between 5.30 – 6.30 pm.

**Training:** is conducted on an indoor court at Vermont South Special school gymnasium, Livingstone Rd Vermont South each Monday between 5.00 – 6.00 pm.

Please Note: No training or games are played during school and public holidays.

We also compete in the Netball Victoria State Titles later in the year.

### Netball Squad Registration Includes:

- 2017 Netball Victoria registration
- Participation in training / skills development sessions
- Participation in Eastern All-abilities Netball competition, including court costs
- Participation in Netball Victoria State Titles (optional)

Full program details and times will be provided to registered squad members.

### Further Information:

For further information regarding Eastern All-abilities Netball contact Jeanette or Sue on the details below.

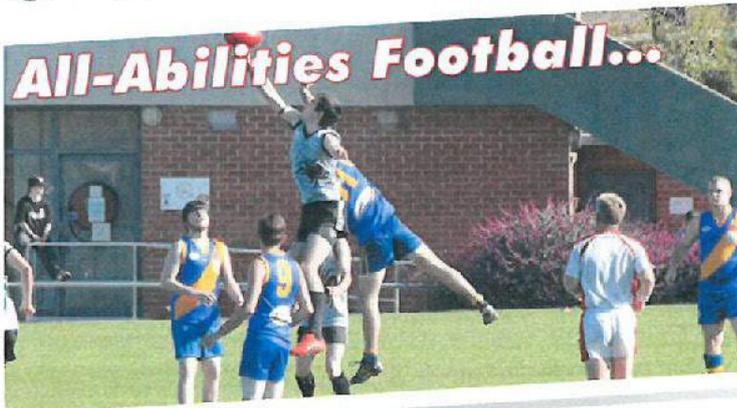
Eastern All-abilities Netball Incorporated  
Jeanette Hodges: 9720 1562  
Sue Ross: 9725 8264  
Email: eanetball@gmail.com



# RINGWOOD SPIDERS

ALL-ABILITIES SPORTS CLUB  DEVELOPING LIVES

## JOIN THE ACTION!



Two football teams, the Spiders Reds and the Blacks, offer young men and women aged from 14 with differing abilities the opportunity to play Australian Rules football within the FIDA (Football Integration Development Association) competition. Also includes weekly training and fortnightly games.

Fills a void for girls and boys aged 5 - 14, who have a love of football but might not want or be able to participate in a mainstream Auskick program. Supported by Vermont South Special School, we are proud to be offering this unique program, which offers skill development, confidence building, participation and fun!



Since 1992, the Ringwood Spiders Football Club has provided Australian Rules football opportunities for people with a mild to medium intellectual disability within outer eastern Melbourne. Our club has a strong position and history and has forged long term relationships with the Maroondah City Council and other key local recreation and disability organisations.

Ringwood Spiders is run by volunteers with the support of Maroondah City Council and sponsors, both corporate and individual. Our mission is:

**'To provide and promote active participation in community sport and social activities for people with a disability', and 'To provide people with a disability an opportunity to interact, participate and build social skills and leadership within the community'.**

**Like more information?**

email: [info@ringwoodspiders.com](mailto:info@ringwoodspiders.com) Phone: Gavin or Sue Ross: 9725 8264

[www.ringwoodspiders.com](http://www.ringwoodspiders.com)

