



a word from our Principal... Paul Hills

Dear Parents and Carers,

The Demolition

Well, it has finally started. After what has seemed to be a very long wait, the building project has begun to show progress. The gym and connected buildings have been demolished and the building site is being cleared of rubble. It came down quickly and entertained both students and staff during the process. Large vehicles are continuing to use the Springvale Road entrance and we still require your understanding and cooperation in not accessing the school from this entrance.

NDIS

We are receiving feedback from members of the community that the NDIS planning process is causing some concerns. Please remember that students in Year 12 need to have built into their plans, costs to purchase support and programs for their post-school options. In an attempt to develop a strategy to support families, in particular Year 11 and 12 students, we will be holding a parent-focused group to assist the school to develop appropriate transition planning supports.

Thank you for your ongoing support for the school and your involvement in your child's education

Assistant Principal

Lesley Foster

Parliament House

School Captains Hanno Jonker and Jessica Galvin represented the school at Parliament House on Wednesday night 23 May with schools from across the Region. They were given a tour of Parliament House and an opportunity to see some areas not



normally open to the public. Thank you to Marius Jonker and Wayne Galvin, who attended and supported their young adult children.



Commonwealth Bank Award

On Wednesday 23 May, Heatherwood was proud to receive a National Award from Trent Morris, Commonwealth Bank. Through the application process, we were thrilled to be chosen. The funds will be used to support learning, well-being and

engagement by providing equipment and resources to help students at school.



The School captains, Lachlan Wills, Jessica Galvin, Larissa Haines and SRC Representative, Brohdi Male, thanked Trent Morris and showed him and his colleague around the school.

Our Senior students are becoming very comfortable in their leadership skills as they are given opportunities for public speaking throughout the year.

Attitude to School Survey

Each year, students complete a survey which provides feedback to the school on their feelings about learning, engagement and well-being. This survey is being completed in the coming week and will provide some valuable feedback for us as we continue to develop and improve the school.

Calendar of Events

Fri 8 Jun	Curriculum Day (Students not required at school)
Mon 11 Jun	Queen's Birthday Public Holiday (No School)
Tues 12-Fri 15 Jun	Year 7 Camp
Mon 18-Thur 28 Jun	Year 11 Work Experience
Fri 29 Jun	House Athletics Day
Fri 29 Jun	Final Day Term 2 (early dismissal 1.50 pm)
Mon 16 Jul	Day 1 Term 3



Heatherwood School

May 2018



24/5/2018

Dear parents,

It has come to our attention that some students from Heatherwood will be watching the upcoming Netflix series **13 Reasons Why, Series 2.**

The series deals with the aftermath of a suicide of a 17 year old girl who left a series of tapes for her friends to listen to after her death. The reasons include bullying in various forms including cyberbullying, sexual assault and rape contributing to a downward spiral of her mental health and sense of self. Some scenes are very graphic.

The key point to remember is that it is fiction and dramatized for viewer engagement.

The series is considered as dangerous by some organisations including Headspace (which is an organisation that deals with youth mental health).

Both the Department of Education and Headspace have sent schools guidelines when speaking to students with questions about this series. Both organisations are concerned about the possible effect this series may have on the students.

In Protective Behaviours, we address the issues of youth suicide when students have viewed visual material about cyberbullying and physical bullying. In all classes, we have discussed alternative actions –

- TELL someone
 - get them to nominate five trusted people they could go to with concerns
 - given them kids helpline number 1800 55 1800
 - given them the lifeline number 13 11 14
 - referred them to Headspace counsellors
 - referred them to the school psychologist
- and more generally -
- strategies for developing positive and respectful social skills
 - development of decision-making skills

At all times, if we have any concerns about the student/s, we always inform the parents of our concerns and offer possible strategies.

Unfortunately our students' live in a world where social media is very important connection tool for them. **Parent supervision is always advised when students use social media.**

To ban students from using it will send them "underground" and they will find other ways to access it.



Emily Sauvarin



Jan Emery



Paul Hills

Important Numbers

Kids Helpline: 1800 55 1800

Headspace: 1800 367 968

Beyond Blue: 1300 224 636

Lifeline: 13 11 14

Emergency: 000

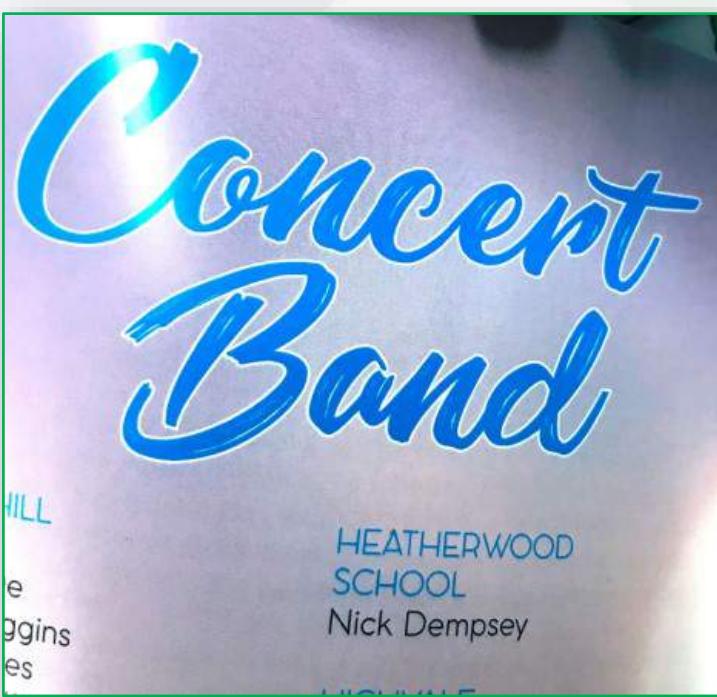
Nick Dempsey 'A Star is Born'



On Tuesday 22 May I went to Hamer Hall and performed in the NEVR Concert. I was in a concert band representing Heatherwood School. At Heatherwood we do not study music; I learned to play the Clarinet at Mullauna College. In Year 7 I had tutoring and now have 5 years experience.

Many other schools were there. My band played *The River Kwai March*, written by Malcom Arnold and *Tribute and Triumph*, by David Shaffer. There were 105 musicians in my band and professional cellists, violin and sax players.

I will not be playing next year as I will no longer be a part of the education system, however if you want to see this awesome event next year, go to the Melbourne Arts Centre online and book tickets. 2018 audience total was 1800 and the performers, more than 800!



SRC

Lynda and David

Lunch with Ryan Smith

Thank you to all of the students and staff that helped with the Ryan Smith lunch. It was a great success! It was wonderful to hear Patrick, Kurt, Jessica, Heidi and Sian talk about their volunteering. What wonderful assets to their communities!

Welcome Year 7 SRC and Ambassadors

Thank you to Year 7 teachers and students for organising SRC and Ambassador elections. Joseph Charlton and Heidi Monssen are Year 7 SRC Representatives & Emma Platt and Zack Donnelly are Year 7 ambassadors. Well done!

SRC Meeting

At our SRC meeting we discussed how we could celebrate student achievement. One suggestion was to make students that volunteer in the community a feature in Heatherwood's monthly newsletter. It was also suggested that these students may be interviewed at assembly on their achievements.

Fundraising

Our next fundraising day will be in Term 3, on Friday 20 July for **Sports Colours Day**. It was discussed at our meeting that at the end of Term 4 we have a collection of food items and toys for a charity that supports the homeless.

A very big thank you to Larissa Haines, Hanno Jonker and Lachlan Wills for showing Ryan Smith around Heatherwood School, prior to the lunch on Wednesday.

Junior School News

Maddie Campanaro

Year 8s enjoyed their third Outdoor Ed excursion for the year to Sherbrooke, in the Dandenong Ranges National Park. Students enjoyed the nature walk while sighting various native animals and then cooked a snack, using the portable camping stoves.



ANZAC Incursion 2018

Over a period of four weeks, Carolyn Argent from **The Shrine Outreach Program** led exciting and informative incursions about WW1, with the focus on the Western Front.

Carolyn presented to every class in the school and was received with excitement and warmth. The students loved the incursion, lapping up the details and asking relevant questions. Every year Carolyn presents an experience of World War I with incredible photographs and letters of real life experiences. The students experience what it was like to wear a heavy metal hat to stop the bullets, or an army jacket made of pure wool.

The insight of ANZAC day through this practical incursion built students' knowledge and understanding of the ANZAC story.



Metro Excursion

Emma Collins

On 11 and 18 May, the Senior classes were kindly visited by David from Metro Transport.

He delivered a presentation on travelling on our public transport network.

The students were shown how to buy a ticket, handy travel Apps, touching on and off, information on PSO's and some handy safety tips. After the presentation, we ventured out into the cold and caught a local bus to Nunawading station.



Here we met Adam from Metro and caught a train to Flinders Street Station.

At the station, we were shown the Travellers Aid Office and heard all about the support and aid on offer to help people travel independently.



A huge thank you to **Mark Nowak** for organising the excursion.



Auto Club

Patrick Geshev & Kyle Gillespie

On Friday 23 March, the Heatherwood School Auto Club went to the Melbourne Grand Prix. We really enjoyed watching the cars go past. Here are photos of us.

We would like to thank everyone, and Braham and Ewan for taking us.



Notification of Student Absences

Warren Gaff

Sections of the following information has been taken from the Department of Education and Training (DET) eduGate website and concerns the same-day notification of student absences

From the end of Term 2, all Victorian government schools must contact parents/carers as soon as practicable on the same day of an unexplained student absence.

This requirement supports student safety and well-being. Schools need to know when and why a child is absent, and parents/carers need to know if their child is not at school. Prompt communication also promotes daily school attendance.

Parents and carers must notify the school of their child's absence as soon as possible on the day of absence using the school's preferred method, including online, by telephone or by email

The School's responsibilities:

Notify parents/carers

Heatherwood School must notify parents and carers as soon as practicable on the same day of an unexplained absence. This should occur in the morning to allow time for the parent or carer to respond. Heatherwood School uses the SMS function within CASES21 (DET student administration, financial management and reporting software) to notify parents and carers.

Out of date or Incorrect Contact Information - follow-up (where required)

At times, parents or carers may not be able to be reached because the school does not have their correct contact details. In this instance, the school will attempt to make contact with any emergency contact/s nominated on the child's file held by the school, where possible, on the same day of the unexplained absence

Parents and Carers responsibilities:

You are legally required to ensure your child attends school every day or you must provide an explanation for their absence. You are required to let the school know in advance of any upcoming absences or to notify the school as soon as possible on the day of absence using one of the following methods:

- Telephone the school office and let the staff know your child's name, class, date of absences and reason
- Email the school and provide the staff with your child's name, class, date of absences and reason

Notifying the school of your child's absence either prior to, or on the day that they will be away, helps ensure the safety and well-being of children and will fulfil your legal responsibility.

In order for schools to implement the same day notification requirement, it's essential that you provide the school with your most up-to-date contact details.

Generally one notification will be sent per family. *Should there be circumstances that require both parents and carers to be notified, please contact the school to make the necessary arrangements.*



Please make sure all your students' clothing is clearly labelled with their name.

Sadly, there are many items of uniform we cannot return to the rightful owner.





Skills Kitchen



Year 8
egg 'n' bacon pie



Another great Heatherwood success story!!

Mark Walker

Ex-student Nathan Fiorenza visited the Futures EXPO on 9 May and shared his successes.

- works at Knox Private Hospital as an environmental services assistant
- bought a car when I got my drivers license (5 years ago now) and since got my motorcycle licence
- studying Cert IV in Disability (to empower people to get the most in their life and to try to support them to work in the mainstream community)
- bought a 2 bedroom unit in Seaford with my brother and loving life!



Assistant Principal

Braham Morris

Thank you to all the families that opted to be part of the research project being conducted by the Centre for Developmental Psychiatry and Psychology (CDPP) at Monash University.



The project, Kids & Teens at School (KiTeS) aims to understand school non-attendance in students with an intellectual disability, at both primary and secondary levels.

It has been pleasing to see the response from Heatherwood families. The research team are now collecting and analysing the data and if you wish to still be included, please do not hesitate to contact the designated research assistants at the Centre for Developmental Psychiatry and Psychology (CDPP) at Monash University; Mina or Linda

on 9902 4557 or by email kites@monash.edu

Futures Expo Wrap-Up

Deb Heland

A huge thank you to all the parents who supported the Futures Expo on 9 May. A special thank you to Gateway LLEN who generously sponsored the event.

Here is how the day turned out:

- 250 people visited the Expo
- 70 organisations exhibited including;
 - over 25 employment agencies who support students after they graduate
 - all TAFE's attended
 - a number of government agencies, who coordinate disability support
 - day-placement agencies were well represented
 - accommodation and housing services
 - services that our families can access at any time before their student graduates were well represented.
 - health services were on hand to provide information on mental and physical well-being
 - autistic specific services
 - leisure options from sport to escorted holidays and creative pursuits were there for families to chat with and see if their services were right for their student.

We had great feedback from our school community who found the event extremely helpful and informative. One parent had all their questions answered and left with the contacts and direction that they were hoping for.

All in all, those who attended were able to gather lots of information that will be helpful in making decisions for their student's life during and post-Heatherwood School.



Excursion to The Langham Hotel

Danielle and Minnelese

Our Hospitality students started their day with a very excited train ride into the City, discussing what sort of food they would get to eat and, of course, how much they were going to eat!

With some time to spare before our tour started, we took in the sights of Southbank. We were lucky with the weather and a stroll along the banks of the Yarra River was enjoyed by all.

Right on the dot of 11, we met with our tour guide at the hotel and quickly headed inside. The tour started in the private guest lounge, where only select guests receive service for food and drink, internet connection and even access to a library.

We then headed up to the most expensive room in the hotel (\$7,000 per night) and heard stories about who had stayed in the room; people like Arnold Schwarzenegger, the Prime Minister and Lady Gaga!

We learnt who was banned from coming back to the hotel... namely Justin Bieber.

We then made our way to one of only two rooms that have a balcony. The indoor pool, spa and gymnasium were next on the agenda; even the Langham shop.

After all this we thought our day could not get any better, but we headed downstairs for a behind-the-scenes look at how the hotel manages to feed hundreds of guests each day - 5 fridges, a supermarket (from where the chefs collect their food) and the kitchens themselves; WOW.

If we were not hungry before, we were by then!



The aromas wafting through the corridors were too hard to describe. The students grumbled about their grumbling stomachs. Finally, the tour ended and we were seated at our table. We were in heaven and the world was ours to explore for the next hour and a half. We enjoyed delicious delights that we had truly come to experience - The Buffet of the Melba Restaurant. The food was totally amazing; so much to choose from.

When the time had come for us to leave we sighed, got up and left the tables. One final surprise were the toilets; what an experience that was - clean and beautifully presented.

We ran to catch our train to head back to the real world.

Thank you to the hospitality students for making the day so much more enjoyable by your *wonderful behaviour and fantastic smiles*.



Rachael Potter

Seeing the indoor pool/spa and all the kitchens, seeing how the chefs cook and how they did their “mise en place”. Mostly the best were the fun and laughs and we enjoyed our day.

Emily MacFarlane

What I liked was looking at the rooms and the kitchen.

Dylan Hockley

What I liked about being able to go to the Langham hotel, was seeing the fancy rooms and eating LOTS of FOOD!

Lachlan Boyhan

I enjoyed looking at the back of the kitchen, where the food was stored and eating the food.

Kevin Trinh

I liked the food and the drinks at the Langham Hotel because the food there is so good.

Britney Munn

What I liked about our excursion to the Langham Hotel was the big rooms, the kitchen and the food.

Ian Zhou

I liked the tour of the hotel and the food.

Rebecca Hitchins

I enjoyed the tour of the Langham. While on the tour we viewed the most expensive room and I loved our lunch at the buffet.

Hanno Jonker

In general just being able to see all the different jobs and stories about the hotel and also the food of course.

Shant Gedik

What I liked about the Langham is that it was a fancy hotel and big celebrities stay over night at the 5-star hotel.

Jessica Dennis

The best thing I liked about the Langham is the food because it was beautiful and delicious.






LANGHAM
HOTELS & RESORTS



Collingwood Farm



Photography at Interschool Sport events

This is a reminder of the expectations of Heatherwood School's Mobile Phone and Digital Technologies Policy around photography while at Interschool Sport events.

The policy states that:

Students, parents/carers and visitors to Heatherwood School must not take photographs or otherwise record members of the school community (other than themselves or their own child) whether intentionally or inadvertently and/or post to the internet, publish or share without written permission of the person photographed or, in the case of a Heatherwood student, the parent, carer or legal guardian of that person.

Students must not post photos of either themselves and/or other students which clearly identify them as a member of the Heatherwood School community, nor post photos or videos taken during any school sanctioned activity. This includes campus events such as sports days, excursions and camps.

Basically this means that:



1. Students, parents/carers and visitors at Interschool Sport events cannot take photographs or video footage that include students other than their own child, even as part of whole team group photos or during matches.
2. Any photos or film taken of your own child in school uniform (including the Cougars Interschool Sport uniform) must not be posted online.

Group photos and action shots will be taken by staff members with individual consent taken into account. These will usually be included in school newsletters.

Thank you for respecting the requirements of the policy as well as the privacy of our students.

Spotlight on Science

Katherine Walsh and Suzie King

This term in Science we are studying *Mixtures and Solutions* in Year 7, *Energy* in Year 8, *Microorganisms* in Year 9 and *Chemical Reactions* in Year 10.

The students are having fun and benefitting from the hands-on learning provided in their classrooms (and we cannot wait for our dedicated Science Lab in the new building!)

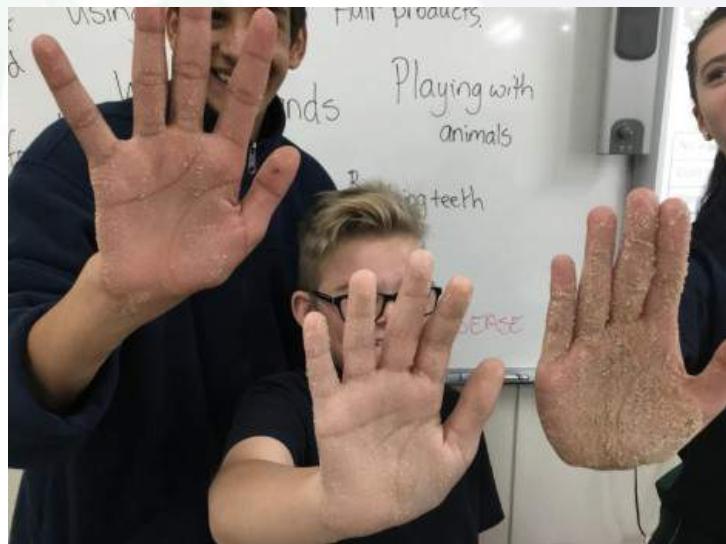
Year 7 - Mixtures and Solutions



Year 8 - Energy



Year 9 - Microorganisms



Year 10 - Chemical Reactions



Some things take time

Eat well

I wish we had a normal conversation without fighting

No excuses for not being at school or being late

FIND YOUR PASSION

Save money for house

Tell someone some of your problems

Tell someone you love

Don't let people run all over you

Be strong

Get away from the drama

TRAVEL

Don't let people boss you around

Tell the truth don't lie

manifesto:
a written statement declaring publicly the intentions, motives, or views of its issuer

issuer:
Britney Munn

DON'T LOSE TRACK OF LIFE

I don't want to be alone

I need someone to be there for me for hard times

I need you when I need to talk and cuddle

Healthy Choices Blog!

Sam Ditty

Breakfast

Has your family had a healthy breakfast today?

Breakfast is the most important meal of the day, so let's make it a regular habit to have a healthy breakfast to start the day.

Benefits of Eating Breakfast include:

- ⇒ can decrease hunger and cravings throughout the day
- ⇒ can help to fuel your brain improving your memory and concentration
- ⇒ can help improve your mood ready for a successful day at school.

Think!!!!!!

**Healthy big breakfast,
medium size lunch and
small nutritious dinner
to keep you going all day.**

Try some of the good breakfast choices...

Cold Breakfasts

- Cereals-corn flakes or weetbix
- Fruit & yoghurt
- Fruit Smoothie



Hot Breakfasts

- Porridge
- Eggs-varieties of ways, scrambled, poached, boiled, fried
- Toast with banana or egg or avocado
- Toastie with tomato & cheese



Then watch out for your photo in the next newsletter Healthy Choices Blog.



PE & Sports News

SSSSA Interschool Cross Country (Friday 27 April at Duncan Mackinnon Reserve, Murrumbeena)

Heatherwood School team of 25 students proudly competed at the South-East Special Schools Cross Country. There were 12 Special Schools competing with a total of 250 competitors from primary to secondary. All Heatherwood School students completed in the 3km races and performed their best, showing excellence in persistence and good sportsmanship.

The SSSSA Cross Country is in partnership with the Glenhuntly Athletics Club, who provide club volunteers to assist each year in this fantastic event. We are very thankful for these volunteers and without them the event may not be able to run. On behalf of the staff & students, we are very grateful to the supportive Glenhuntly Athletics Club. Once again congratulations to the 2018 Heatherwood Cross Country team.

Results:

3km 13-14year olds	3km 15-16year olds	3km 17-18year olds
<i>Girls (out of 8 competitors)</i> 2 nd Paris Deblasis	<i>Girls (out of 15 competitors)</i> 10 th Nikita Abeykoon	<i>Girls (out of 12 competitors)</i> 2 nd Noor Shaheen 3 rd Carolyn Gale 4 th Rachael Potter 7 th Renee Anger
<i>Boys (out of 27 competitors)</i> 3 rd Ben Franklin 4 th Ashton Hunt 7 th Andreas Lawrence 11 th Zac Donnelly 13 th Blake Collette 15 th Adam Davey 17 th Michael Kirdy 18 th Jack Falkingham	<i>Boys (out of 39 competitors)</i> 7 th Caleb Cox 8 th Scott Holt 14 th Kieran Dean 18 th Edward Yesiltepe 25 th Tyler McPherson 27 th Ethan Lim 30 th Matthew Karafilis	<i>Boys (out of 39 competitors)</i> 1 st Daniel Milone 11 th Nathan Guegan-Hill 12 th Jye Lighten 17 th Dale Atkinson

PE and Sport Reminder

If you sick or injured and unable to participate in Physical Education sessions, please provide a written note to be handed to the PE Teacher at the class. Please include where the student is able to participate in any form of physical active and/or what activity needs to be restricted.

Note variations:

- Note can be emailed directly to myself ditty.samantha.s@edumail.vic.gov.au
- Note can be written in the diary whereby the diary will come with the student to the class
- Note can be written on a separate piece of paper where the students can bring the note to class

It is important that the teacher in charge of the session sights the note to best care for your child during these sessions.



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